

Based on the book by Robert J. Morgan

# STUDY GUIDE

# WHATEVER HAPPENS





# CONTENTS

<b>Introduction</b> .....	<b>1</b>
<b>Session 1 (Chapters 1-3)</b> .....	<b>3</b>
<b>Session 2 (Chapters 4-6)</b> .....	<b>6</b>
<b>Session 3 (Chapters 7-9)</b> .....	<b>9</b>
<b>Session 4 (Chapters 10-12)</b> .....	<b>13</b>
<b>Session 5 (Chapters 13-15)</b> .....	<b>16</b>
<b>Session 6 (Chapters 16-18)</b> .....	<b>19</b>
<b>Session 7 (Chapters 19-21)</b> .....	<b>22</b>
<b>Session 8 (Chapters 22-24)</b> .....	<b>25</b>
<b>Session 9 (Chapters 25-27)</b> .....	<b>28</b>
<b>Session 10 (Chapters 28-31)</b> .....	<b>31</b>
<b>A Final Word</b> .....	<b>35</b>
<b>Journal</b> .....	<b>36</b>

Adapted from *Whatever Happens* by Robert J. Morgan, copyright 2024



# INTRODUCTION

The story of the Philippian church is one of hardship, suffering, and trials. And yet, this quaint little congregation received the letter we've come to know as Paul's "joy" letter. The point? We can learn to rejoice in even the most difficult of situations, because the God we serve is greater than the gravity of our situation.

In this short letter, we'll see the ways in which God meets these people in the midst of their sorrows and turns them to joy. And this joy is wonderfully special, because it doesn't hinge on our circumstances. Whatever happens, let's rejoice in the God we serve and the life He has in store for us. When we take on this attitude, we can begin to experience the joy of Christ brought to bear on our lives.

Before we begin, take a moment to reflect on the difficulties you may be facing. Space is provided below for you to write down the anxieties, insecurities, stressors, or concerns that threaten to steal your joy. This will help throughout the following 10 sessions, as each will have moments to reflect on the struggles of our lives and God's joy at work in us despite them.

---

---

---

---

---

---

---

---

## EACH LESSON WILL FOLLOW THIS ARRANGEMENT:

### LOOK BACKWARD

One of the benefits we have in looking back to the past is growing from past mistakes, replicating past triumphs, and even learning how it influences us today. In this section, we'll reflect on Paul's letter to the Philippian church and glean core truths for our own lives today.

### LOOK INWARD

How do the truths of God affect you and me? In this section, we'll look deep within our own lives and learn how our lives can be lived in God's perfect timing.

### MOVE FORWARD

Having learned the timeless truths of God and searched our own lives for areas that fall short, we'll discuss practical ways to move beyond our study of the pages of Scripture and into our daily lives. Here, we'll be guided to respond and bring God's will for us to bear in our lives.

### JOURNAL

Last, each section will have a prompt to journal what God has been teaching you in this section. At the end of this study guide, there will be space to write out what you've learned and respond to the journal prompt for that session. However this exercise best helps you learn and grow, take time to journal and reflect on each session. The goal is to achieve the wisdom that comes from knowledge applied to our daily living.

## ***A WORD OF INSTRUCTION:***

Each session will cover 3 or 4 chapters from *Whatever Happens*. Before beginning each session, read the corresponding chapters in order to prepare yourself for the session's content.

Now, as we begin this study, let's commit to Paul's appeal to the Philippian church:

**“ Whatever Happens, Conduct Yourself  
in a Manner Worthy of the Gospel. ”**  
*Philippians 1:21*



# SESSION 1

---

**This Session examines chapters 1-3:**

- 1. *Trust God's Guidance When Perplexed (Acts 16:6-10)*
  - 2. *Build Your Own Mental Hymnbook (Acts 16:11-34)*
  - 3. *Layer Your Life with Generosity (Philippians 1:1)*
- 

**LOOK BACKWARD**

Read Acts 16:6-10. What can we learn from God's denial of Paul's original plans? How did this delay contribute to Paul's ability to accept the Macedonian call?

---



---



---



---

Acts 16:25-34. Rob describes Paul and Silas being able to move "from pain to praise" in the midst of their suffering in prison. What spiritual qualities do you think these men had that compelled them to sing in their moment of suffering?

---



---



---



---

Look back at Philippians 1:1. How do Paul and Timothy identify themselves? What does this say about the primary purpose of Christ followers?

---



---



---



---

Read 2 Corinthians 8:1-5. If you had visited one of these churches, what qualities would you probably have noticed?

---

---

---

---

### **LOOK INWARD**

Have you ever experienced a similar situation where a setback in your life allowed for a greater result in the end? How does that testify to God's power at work in our lives?

---

---

---

---

Rob tells us in this section that the Lord closes far more doors for us than He opens, and then reminds us that God is in the details. What is a time when you felt like every door in your life was closing?

---

---

---

---

One of the most difficult things about being in the middle of serious life change is that you can only see what is right in front of you. How does God's ability to see the entire picture give you comfort when you can only see the difficulty right in front of you?

---

---

---

Have you experienced a time in which God's strength led you to worship Him despite the trials through which you were walking? How does this lead us to be more resilient in our Christian walk?

---



---



---



---

### **MOVE FORWARD**

After explaining Paul and Silas's midnight song, Rob lists five of the hymns he knows most well in his heart. He articulates how the words of these songs often rise to the forefront of his mind in times of crisis. What five worship songs would make your list?

1)

2)

3)

4)

5)

Take a moment to pray through the truths of one of these songs, thanking God for who He is and what He has done. Commit to meditating on a specific phrase of that song today.

### **JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this first session. This is a place for you to record what God is teaching you through His Word in Session 1. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

## **PRAY**

*Dear Lord,*

*Thank you for providing me with an eternal perspective through which to view each moment of my life. Thank you for your constant presence in my life, and the joy that you provide to me even when I am hurting. Help me to trust you when I walk through perplexing seasons, to worship you in the peaks and valleys of my life, and to live my life open-handed in full generosity to You and your kingdom. In Jesus' name, amen.*



# SESSION 2

---

**This Session examines chapters 4-6:**

- 4. Rely On Revitalizing Grace (Philippians 1:1-2)*
  - 5. Remember God's Still Working on You (Philippians 1:3-6)*
  - 6. Invigorate Your Life Through Prayer (Philippians 1:7-11)*
- 

**LOOK BACKWARD**

Read Philippians 1:1-2. What do the three descriptions of Paul and Timothy look like applied to the life of a Christian? (Saints in Christ, Servants of Christ, Grace and Peace Supplied from Christ)

---



---



---



---

Read Philippians 1:3-6. What does verse 3 teach us about the personal nature of God?

---



---



---



---

Read Philippians 1:7-11. How do these verses help explain the way in which Christ makes us more like Himself?

---



---



---



---

Look at Psalm 119:175. How does this verse shed light on the role of the Spirit's motivation in our praise to God?

---

---

---

---

### **LOOK INWARD**

When is a time that you struggled to find grace or peace in your life? Did God show up and help you through this time?

---

---

---

---

If you are a believer, the book of Philippians says that you are a servant and a saint, supplied by Christ to love Him and fulfill His work. How does this change your perspective on the life that you have been given?

---

---

---

---

Having read Ezra 5:16, Rob said he wrote the phrase "that's me!" next to the words "under construction." What part of Philippians 1:1-11 could you write "that's me" next to? How can you pray for God to grow you in this area?

---

---

---

Why do you think so much of Scripture focuses on thankfulness and gratitude? How have these attitudes played out in your life, and how can you take a step this week to grow in them?

---



---



---



---

### **MOVE FORWARD**

Write out Philippians 1:9. Commit to praying each day that your love would abound more and more in the knowledge of Christ and depth of insight. Ask God to help your love increase and always grow in parallel with the growth of knowledge about God. Write down a few specific things you learned about God this week, and the way these increased your love for Him.

---



---



---



---

### **JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 2. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

## **PRAY**

*Dear Lord,*

*I want to tell you how grateful I am for all you have done in bringing me to this point in my life. I know that all the blessings in my life are from you, and I thank you for them. I ask you to help me practice the discipline of thanksgiving when I am in discouraging seasons, and let my gratitude be a testimony to your truth when people see me. Help me to be a person of prayer whose roots continue to grow deeper and deeper in your Word and in prayer.*

*In Jesus' name, amen.*



# SESSION 3

---

**This Session examines chapters 7-9:**

*7. Replace Gloomy Thoughts with Glorious Ones (Philippians 1:12-18)*

*8. Access God's Provision of the Spirit of Christ (Philippians 1:18-19)*

*9. Choose a Life Motto (Philippians 1:20-26)*

---

**LOOK BACKWARD**

Look at Philippians 1:12-14. How has Paul's imprisonment worked to actually benefit the Gospel cause?

---

---

---

---

Read Philippians 1:18-19. What does Paul say God has provided?

---

---

---

---

Read Philippians 1:20. How does the believer's confidently assured hope differ from hope found in wishful thinking?

---

---

---

---

Read Philippians 1:21. What does Paul mean by this assertion?

---

---

---

---

**LOOK INWARD**

What motivates you in life? Is a love for Christ and a desire to share His Gospel at the center of it?

---

---

---

---

How do you think you would fare if put in a similar situation as Paul? If the answer isn't great, that's okay. What can you do this week to take a step forward in your relationship with Christ?

---

---

---

---

Paul tells this congregation to continue praying for him, because the power of their prayer has strengthened him throughout all his imprisonment. Who can you commit to pray for this week?

---

---

---

---

In chapter 9, Rob suggests the practice of adopting a life motto. Have you ever chosen a life motto? If so, does it still reflect your purpose and passion in life? If not, how could you adopt a new life motto based on the Philippian example?

---

---

---

---

### **MOVE FORWARD**

Rob gives us three vital habits to adopt:

**1) Make Up Your Mind to Rejoice Based on the Knowledge You Find in God's Word**

**2) Find Someone for Whom to Pray**

**3) Yield Yourself to Christ and Let Him Fill You with His Spirit.**

Take a moment to think through the process of adopting these into your life.

In this section of Philippians, Paul reflects on the suffering he has endured and then asserts that what has happened to him has actually been for good, because it has advanced the spread of the Gospel. Take a moment to reflect on some of the difficulties you've gone through in your life, and how God has worked good out of those circumstances.

---

---

---

---



**JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 3. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

**PRAY**

*Dear Lord,*

*Thank you for helping me remember that my sorrow can be turned to joy in You. I thank you Father especially for the gift of your Spirit, given through your Son, so that my life might be forever changed.*

*Help me to truly remember that to live is Christ, and to die is gain.*

*In Jesus' name, amen.*

## SESSION 4

---

**This Session examines chapters 10-12:**

*10. Never Be Intimidated (Philippians 1:27-30)*

*11. Make Today About Others (Philippians 2:1-5)*

*12. Cultivate the Mind of Christ (Philippians 2:6-11)*

---

**LOOK BACKWARD**

Read Philippians 1:27-30. What “whatever happens” phrase does Paul introduce in this section? How does this verse encapsulate the message Paul is trying to convey to the Philippians?

---



---



---



---

Compare Deuteronomy 1:31 and Isaiah 46:3. What do these verses have in common?

---



---



---



---

Read Philippians 2:1-5. How does this passage orient the believer toward Christlike humility?

---



---



---



---

Read Philippians 2:6-11. How does Christ's humility in His birth lead to His exaltation in His resurrection?

---

---

---

---

**LOOK INWARD**

How has your life been worthy of the Gospel up to this point? What can you do to continue to honor God in those areas?

---

---

---

---

Have you ever helped carry someone through a rough time in their life, or has someone carried you through a rough time? How encouraging is it to know that God wants to carry you through life?

---

---

---

---

Does it resonate with you when Rob relates infighting among believers to tabloid drama in the British royal family? Why is this a grave concern for Christians?

---

---

---

---

Is it your natural reaction to care for people with the humility of Christ? If not, how can you cultivate the mind of Christ in your attitude this week?

---



---



---



---

### **MOVE FORWARD**

Rob gives us three obligations. Take a moment to read each one and note how you could apply each one in your life.

#### **Stand Firm in One Spirit**

---



---

#### **Strive Together for One Faith**

---



---

#### **Suffer for One Cause**

---



---

### **JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 4. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

### **PRAY**

*Dear Lord,*

*I admit that I have not always conducted myself in a manner worthy of your Gospel. But I want to grow. I see the example Christ has given, and I want to follow it. Help me to become more like Christ, taking on His humility and rejecting my own pride.*

*In Jesus' name, amen.*

## SESSION 5

---

**This Session examines chapters 13-15:**

*13. Work Out What God Works In (Philippians 2:12-14)*

*14. Shine Like a Star in the Blackened Sky (Philippians 2:14-18)*

*15. Stay as Cheerful as Possible in All Circumstances (Philippians 2:19-24)*

---

**LOOK BACKWARD**

Read Philippians 2:12-14. How does God free us to be able to work out our faith? (Verse 13)

---



---



---



---

Read Philippians 2:17. How does the severity of Paul's situation and the steadiness of his source of joy go hand in hand?

---



---



---



---

Look at Philippians 2:20-21. How does Timothy's attitude differ from everyone else's? What does this say about the attitude of a believer who is truly walking with Jesus?

---



---



---



---

Read Philippians 2:22. How does this section show us the nature of co-laborers in the Gospel learning from one another and serving God together?

---

---

---

---

**LOOK INWARD**

Rob reminds us that the same God who said “let there be light” said “it is finished” on the cross. How does the reminder of this truth encourage you as you seek to live a Godly life?

---

---

---

---

Have you ever seen someone whose passion for their interests was like a shining star in the sky? What would it look like in your life to live for Christ in this way?

---

---

---

---

How have you experienced the difference between concern and anxiety? How can you be concerned for the things of God without being anxious about anything?

---

---

---

---

Rob notes that there are over 1000 references to a joyful life in the Bible. Why do you think God is so concerned with constantly reminding Christians to be joyful?

---



---



---



---

### **MOVE FORWARD**

Rob urges us to “shine like stars in the sky” in our zeal for the Lord, following Paul’s words to the Philippians. Take a sentence or two to reflect on some hindrances in your life keeping you from being able to shine for the Lord. Then, make a plan to commit these to the Lord and cut them out of your life.

---



---



---



---

### **JOURNAL**

In the back of this booklet, you’ll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 5. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

### **PRAY**

*Dear Lord,*

*Thank you for the work you have done in my life that enables me to work out my faith. I ask you to help me leave behind anything that is holding me back in whole-hearted service to you, serving you cheerfully and with a glad heart. Make me more like your Son, Jesus Christ.*

*In Jesus’ name, amen.*



## SESSION 6

---

**This Session examines chapters 16-18:**

*16. Never Think of Quitting (Philippians 2:25-30)*

*17. Learn the Techniques of Spiritual Self-Defense (Philippians 3:1-3)*

*18. Value Christ Over Commas (Philippians 3:4-7)*

---

**LOOK BACKWARD**

Look at Philippians 2:25-30. When Paul was in need, what did Epaphroditus do? When Epaphroditus was in need, what did Paul do? How do they both model Godly behavior for us?

---



---



---



---

Read Philippians 3:1-3. What does Paul warn the Philippians against? How does he suggest they avoid this fate?

---



---



---



---

Read Philippians 3:4-7. To what religious pedigree did Paul give an account? What was his concluding sentiment following this list?

---



---



---



---

Read Matthew 13:44-45. How does this parable illustrate the incomprehensibly greater riches of Jesus above all other things?

---

---

---

---

**LOOK INWARD**

Epaphroditus had an unflinching desire to continue the work Christ had set before him. Who is one person you can ask to help you learn Godly dedication like this?

---

---

---

---

Rob refers to joy as “an attitude, an activity, and a piece of armor.” What are some times in your life when God’s joy has carried you through immense difficulty?

---

---

---

---

Do you think it was difficult for Paul to set aside all of his reasons to be held in high esteem? What are some areas of your life that you need to similarly lay aside because of Christ?

---

---

---

---

Does your life reflect the truth that Jesus is far greater than anything else that can be gained in this life? In what area of your life can you grow in reflecting Christ above all else?

---



---



---



---

### **MOVE FORWARD**

Rob shares a personal way he chooses to rejoice in the Lord instead of retreating into fear. He lists several reminders of the truth of God. Write down a few of them in the space below, and commit to remembering them in the face of adversity.

---



---



---



---

### **JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 6. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

## **PRAY**

*Dear Lord,*

*I am at a loss to know how to show my gratitude to you. You are the treasure that exceeds all else, and you freely give salvation to me. I pray that my life would begin to reflect you more and more as I grow in Christlikeness. Help me to value you above all else.*

*In Jesus' name, amen.*

## SESSION 7

---

**This Session examines chapters 19-21:**

*19. Grow Deeper Each Morning (Philippians 3:7-11)*

*20. Actively Press On (Philippians 3:12-14)*

*21. Be Careful Who You Admire (Philippians 3:15-21)*

---

**LOOK BACKWARD**

Study Philippians 3:7-11. How does this passage explain the compounding effect of getting to know Christ better and better as we grow in our relationship with Him?

---



---



---



---

Read Philippians 3:12-14. How does Paul utilize the metaphor of an athlete training for a race to help us understand the nature of training for the Christian life?

---



---



---



---

Read Philippians 3:15-19. What is the importance of finding godly role models who are “citizens of Heaven,” and what kind of people does Paul warn us we will end up following if we don’t intentionally seek out these examples?

---



---



---



---

Read Philippians 3:20-21. Who does Paul ultimately say needs to be our focus? How have you fallen short at times by looking to other people instead of this person, even if they are godly people?

---

---

---

---

### **LOOK INWARD**

Rob makes this statement: “The only way to live in fullness is to live in emptiness.” What are some of God’s attributes you can pray to be more filled with in light of the empty tomb?

---

---

---

---

Paul reminds us that one of his sources of strength for life now is the confidence he has in a life lived with Christ in Heaven later. How has this truth helped you on hard days? How can you more consistently remind yourself of this truth in the midst of difficult days and trying times?

---

---

---

---

Paul’s focus in this section is the notion of standing firm in Christ despite the world around us. When you look around, what are some things you see that remind you of the importance of standing firm in your faith? What obstacles do you encounter on a daily basis in this endeavor?

---

---

---

What is the difference between looking to godly role models and following them instead of Christ Himself? Why can this sometimes be challenging as we seek to live for the Lord?

---



---



---



---

### **MOVE FORWARD**

Rob uses the illustration of trash and treasure to help us understand the concept Paul is trying to teach us in this passage. Paul says that the things he used to draw on for self-worth, happiness, pride, joy, (and whatever you may put in that list) are now trash compared to the treasure he has found in a saving relationship with Jesus Christ. Take a moment to reflect on what your list would be for each of these categories. (Remember, the point of this exercise is not to belittle good things in our lives. Rather, it is to reinforce a godly perspective that places Jesus Christ far above anything else in our lives.)

#### **Trash**

---



---

#### **Treasure**

---



---

### **JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 7. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

### **PRAY**

*Dear Lord,*

*You alone hold the keys to eternal life, and I'm reminded of this truth today. Help me to never be so caught up in the things of this world that I lose sight of you. I pray that if I do not already have them, I would find Godly role models in my life who constantly point me back to you. May your grace go before me and lead me in the paths that lead to life in your Son.*

*In Jesus' name, amen.*

## SESSION 8

---

**This Session examines chapters 22-24:**

22. *Project Yourself Into the Future (Philippians 3:21)*

23. *Stand Firm (Philippians 4:1)*

24. *Have a Strategy for Imperfect Situations (Philippians 4:2-7)*

---

**LOOK BACKWARD**

Compare Isaiah 43:18-19 to Philippians 3:21. Where do these verses tell us to orient our hearts and minds?

---



---



---



---

Read Philippians 1:27 and Philippians 4:1. How do these verses serve to bookend the body of this short little letter?

---



---



---



---

Look at Galatians 5:1. How does this verse correlate with the discussion we've been having in Philippians? What depth of insight does this verse add to our discussion?

---



---



---



---



Read Philippians 4:2-7. What are the 5 “bullet points” Paul gives to help us deal with imperfect situations?

- **Rejoice** \_\_\_\_\_
- **Let** \_\_\_\_\_
- **Remember** \_\_\_\_\_
- **Do Not** \_\_\_\_\_
- **In every situation,** \_\_\_\_\_

### **LOOK INWARD**

Rob introduces in this section the practice of “future-oriented therapy,” or the discipline of eagerly anticipating our future in Christ when our present circumstances threaten to rob us of our joy and our hope. Why is it so hard to look past the present moment in times like these?

---



---



---



---

What has God taught you about standing firm in Christ from the beginning of the book up until this point? How do you plan to implement this in your daily life moving forward?

---



---



---



---

What are some strategies you use to keep your focus on Christ when you may be tempted to respond in a way that does not glorify Christ? Which one of the strategies listed in this section best speaks to you?

---



---



---



---

Rob ends this section with reminding us that God has given His perfect peace to imperfect people. How does this comfort you? How does it challenge you?

---

---

---

---

### **MOVE FORWARD**

Take a moment to look back at chapter 23 of *Whatever Happens*. List out each “Stand Firm” category Rob draws from Scripture, and circle the one you most struggle with in your daily life. Then, underline the one God has blessed you to follow best, and ask Him for an opportunity to share this with someone in the coming week.

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7)

### **JOURNAL**

In the back of this booklet, you’ll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 8. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

## **PRAY**

*Dear Lord,*

*I am eager to stand firm in the midst of everything in my life right now. I want to keep You the main thing, and lay aside all that would distract me from You. Help me to be able to hold fast to your perfect peace in imperfect situations. Make me a blessing to those around me, and use me to point them back to You.*

*In Jesus’ name, amen.*

## SESSION 9

---

**This Session examines chapters 25-27:**

25. *Improve Your Mental Chemistry (Philippians 4:8-9)*

26. *Discover the Secret to Contentment (Philippians 4:10-12)*

27. *Trust God with Every Single Need (Philippians 4:14-23)*

---

### **LOOK BACKWARD**

Read Philippians 4:8-9. Why do you think Paul found it so crucial to list these Godly categories through which we are called to filter our thoughts?

---



---



---



---

Look at Philippians 4:10-12. How is Paul able to be content, and how does he stand firm in this regardless of his situations? (Need vs. Plenty, Sickness vs. Health, etc.)

---



---



---



---

Read Philippians 4:13. How does the truth of this verse perfectly encapsulate the “Whatever Happens” mindset that Paul has been able to achieve, being content in all things?

---



---



---



---

Read Philippians 4:19. What profound truth does Paul impart to us in this small and simple verse? Why is Paul so confident in this truth?

---

---

---

---

### **LOOK INWARD**

Why are we so quick to think on negative things? How do you think faithful Christians throughout history like Paul have been able to counter these negative thoughts?

---

---

---

---

What are some things in your life that cause contentment to slip away from you? What do you think Paul's advice would be to you in light of this section?

---

---

---

---

Rob defines contentment as "quiet joy." When are some moments in the past when God has blessed you with quiet joy in a trying time?

---

---

---

---

Does the Philippian dedication to giving convict you at all? How can we become more faithful in giving to the cause of Christ in all circumstances, generously contributing to His kingdom work regardless of our financial standing?

---



---



---



---

### **MOVE FORWARD**

Rob notes that when we fixate on negative things in the world around us, we see a negative change in our moods and attitudes. Circle any below that apply to you, and add your own if you'd like.

<b>Worry</b>	<b>Impure Thoughts</b>	<b>The News</b>
<b>Social Media</b>	<b>Feelings of Inadequacy</b>	<b>Anger</b>
<b>Comparison</b>	<b>Financial Stress</b>	<b>Family Struggles</b>
_____	_____	_____

When you begin to anguish over these things, instead revisit Philippians 4:8-9. If you can, try to memorize this verse as your first line of defense against sinful or anxious thoughts.

### **JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 9. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

## **PRAY**

*Dear Lord,*

*I thank you for the wonderful truths these verses contain. I pray that you would help me learn the secret to being content, and joyfully give to you in all settings. I pray that my finances, my time, and even my life would be an offering and a sacrifice to you. Help me to serve you in any and every circumstance, and to experience your quiet joy constantly.*

*In Jesus' name, amen.*

## SESSION 10

---

### **This Session examines chapters 28-31:**

- 28. *Consider Yourself Worth Millions – Part 1 (Philippians 4:19)*
  - 29. *Consider Yourself Worth Millions – Part 2 (Philippians 4:19)*
  - 30. *Begin and End Everything You Do with Praise and Prayer (Philippians 4:20-21)*
  - 31. *Hang Onto This Book (Philippians—Final Overview)*
- 

### **LOOK BACKWARD**

Read Philippians 4:19. What does this verse tell us about the difference between worldly wealth and Godly wealth? How can we learn to see our lives in terms of Godly wealth?

---



---



---



---

Study 2 Corinthians 8:9. What is the back and forth between poverty and riches in this verse, and how does it describe our relationship with Jesus Christ?

---



---



---



---

Read Philippians 4:20-21. How does this short benediction at the end of Paul's letter show the way in which Paul wanted to conclude his address to the Philippians?

---



---



---



---

Read Philippians 1:27-28 again. How have you seen this theme verse develop throughout the entire letter? How does this verse leave you feeling, having read the entire letter now?

---

---

---

---

### **LOOK INWARD**

Why does it seem like so much of our lives are consumed with anxiety about finances? How does Paul turn our concept of wealth on its head?

---

---

---

---

If we know as followers of Christ that our wealth is not eternal, then why do we all continue to be so allured by it? How can we develop the practice of seeing our financial status as God sees it?

---

---

---

---

How has God helped you learn to stand firm throughout the book of Philippians and this corresponding work? What do you plan to take away from it?

---

---

---

---



Having finished reading his letter to the Philippians, what is your final impression of Paul? What is one attribute of his that you most want to take away and apply to your own life?

---

---

---

---

### **MOVE FORWARD**

Rob lists several verses that teach us about the riches of God, which we can take hold of through His Son. Out of the several verses listed below, commit to memorizing at least one of them to be your first response whenever you are worried about finances or material possessions. Make a prayer out of it, and write that prayer in the lines provided below.

- Philippians 4:19
- Genesis 27:28
- Ephesians 1:7, 2:7
- 2 Corinthians 8:9
- Luke 12:21 and 1 Timothy 6:18
- James 2:5
- Ruth 2:12
- Psalm 119:14
- Psalm 145:8
- Proverbs 22:1, 4

---

---

---

---

**JOURNAL**

In the back of this booklet, you'll find an open space to journal what you have learned in this session. This is a place for you to record what God is teaching you through His Word in Session 10. Take a moment to reflect on your responses along the way as you grow in the joy of the Lord.

**PRAY**

*Dear Lord,*

*I thank you for the riches of your love and mercy that have been poured out so I might learn to stand firm in the truth of Jesus Christ. I ask that I would not walk away from this study unchanged, but that I would be able to fully embrace the life that you have ahead for me. Help me to faithfully live out the life you have called me to, equipped with the riches found only in you.*

*In Jesus' name, amen.*

## A FINAL WORD:

*Whatever Happens* is based on the premise that anything can happen to us and to our world at any time. That is a frightening thought, but it is comforting to know that whatever happens, we can conduct ourselves in a manner worthy of the Gospel.

This study guide and the corresponding book are designed to be resources for you, your small group, your church, and other appropriate settings. If you've enjoyed them, share them with a friend or recommend them to be studied next at your church. Here are some other resources that may be helpful. Information connecting you to all of them is available at [robertjmorgan.com](http://robertjmorgan.com)

- Books and Study Materials
- Video Courses
- Social Media
- Speaking Engagements
- A Free Weekly Bible-teaching Podcast
- A Free Daily Devotional with an Important Moment in Church History from that Date
- Blog

“

**The grace of the Lord Jesus Christ be  
with your spirit. Amen.**

*Philippians 4:23*

”

# JOURNAL











































